

**Before entering the University or starting a field trip**, you need to establish that you do not have any of the symptoms of a COVID-19 infection. If symptoms exist, a personal medical examination has priority and you should not enter the University for the time being.

**Do you have one or more of the following symptoms of an infection?**

Coughing, elevated temperature or fever, shortness of breath, loss of taste or smell, runny nose, sore throat, headaches, arm or leg pains, general weakness

**Follow these important basic rules!**

Stay at home and reduce direct contact, especially with persons in high risk groups.

Maintain a distance of > 1.5 m and wear a covering over your mouth and nose if locally recommended.

Practice hand hygiene and follow the rules for coughing and sneezing.

**and**

Inform your direct supervisor, the event host, examiner, etc.

**Get advice by phone**

Call 116117 or your local coronavirus hotline, family doctor, other attending physician or fever clinic

**Follow the doctor's orders**

The doctor will assess the severity of your illness and order appropriate inpatient or outpatient treatment. You will receive a doctor's note, if necessary, stating you are unable to work.

Depending on the doctor's assessment of your situation, a lab test for the SARS-CoV-2 virus may be performed and the health authorities informed. If a test is not needed, talk to your doctor about what you should do next.

If your **test result is negative**, talk to your doctor about any other measures that are needed. You can enter the University again if sick leave is not required for other reasons.

If your **test result is positive**, remain at home! Please follow the instructions of the health authorities and inform your direct supervisor, the event host, examiner, etc.