COUNSELING AND PSYCHOTHERAPY AFFILIATED WITH THE UNIVERSITY OF BONN

Psychological Counseling Center (PBS)
Lennéstraße 24 | 53113 Bonn
Phone: +49 228 73-7106
pbs@studierendenwerk-bonn.de
www.studierendenwerk-bonn.de/soziales/psychologische-beratung

Psychosocial Counseling Center of the AStA (PSB)
Nassestraße 11 | room 15 | 53113 Bonn
Phone: +49 228 73-7034
psb@asta.uni-bonn.de
www.asta-bonn.de/Psychosoziale_Beratung

If you find yourself in a troubling situation, do not hesitate to talk to a professional counselor. This leaflet gives you an overview of relevant counseling services that provide a safe space and confidentiality. Appointments usually require prior arrangement. Further information can be found on the respective websites.

SERVICES AT THE UNIVERSITY OF BONN

Psychological Counseling of the Central Study Advisory and Counseling Service (ZSB)
The Central Study Advisory and Counseling Service provides independent psychological counseling to all students enrolled at the University of Bonn. In private sessions, our counselors offer neutral advice concerning difficulties that affect your academic success and quality of life.

Quantiusstraße 1 | 2nd floor | 53115 Bonn
Laura Neufeldt, MSc in Psychology
Phone: +49 228 73-7080
pb-zsb@uni-bonn.de
www.zsb.uni-bonn.de/psychologische-beratung

Studying with disabilities
Students affected by chronic physical and/or mental disabilities may contact the representative for students with disabilities and chronic illnesses for relevant advice:

Marion Becker
Phone: +49 228 73-7106
stdierenmithandicap@uni-bonn.de
www.studierenmithandicap.uni-bonn.de

PSYCHOTHERAPY SEARCH

If you feel you might benefit from psychotherapy but aren’t sure about a certain aspect of the process, e.g. which therapeutic approach to go with, please refer to the following web portal for information and guidance:
www.wege-zur-psychotherapie.org

The following websites offer a direct search for psychotherapists. The websites are in German, however in some cases it is possible to look for foreign language therapists in the data bases.

Federal Chamber of Psychotherapists (BPK)
www.bptk.de/service/therapeutensuche.html

Psychotherapy Information Service (PID)
Phone: +49 30 209166330
pid@psychotherapeutenakademie.de
www.physiotherapiesuche.de

Association of Statutory Health Insurance Physicians North Rhine
Hotline for appointments
Phone: +49 211 5970-8990
www.kvno.de

German Association for Youth and Marriage Counseling e.V. (DAJEB)
The website offers the possibility to search for counseling services in your area.
www.dajeb.de/beratungsfuehrer-online

Please note:
In case you have non-German health insurance, please make sure it covers psychotherapeutic services.

Klimaneutral

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Psychosocial Counseling

Everyone may experience difficult situations at times. Entering university life and pursuing a degree, for example, can be accompanied by challenges that may feel overwhelming. If you find yourself in a troubling situation, do not hesitate to talk to a professional counselor. This leaflet gives you an overview of relevant counseling services that provide a safe space and confidentiality. Appointments usually require prior arrangement. Further information can be found on the respective websites. Please take into account that the counseling services listed in this leaflet only represent a selection of the available counseling services in Bonn.

Please note that many student and counseling services are only offered in German. If you need help leading a conversation in German, please make sure to bring someone with you to translate.

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Editors:
Central Study Advisory and Counseling Service (Dep. 9.2)
Poppelsdorfer Allee 49 | 53115 Bonn
Phone: +49 228 73-7080
zsb@uni-bonn.de

www.studierenmithandicap.uni-bonn.de
Counseling and Advice from Church Institutions
In counseling centers run by church institutions, counseling is independent of the denomination.

Protestant Students’ Community Bonn (ESG) 
Venusbergweg 4  |  53115 Bonn
Michael Pues, Student Pastor
Phone: +49 228 911-9912
email: efl-bonn.de

Protestant Counseling Center for Parental, Adolescent, Marriage, and Life Concerns
Haus der Evangelischen Kirche Adenauerallee 37  |  53113 Bonn
Phone: +49 228 680-150
info@beratungsstelle-bonn.de

Catholic Students’ Community Bonn (KHG) 
Brüdergasse 8  |  53111 Bonn
Phone: +49 228 914450
info@khgbonn.de

The KHG offers counseling and advice especially for doctoral students, students with children and international students facing personal, legal or financial difficulties.

Catholic Counseling Center for Marriage, Family, and Life Concerns 
Gerhard-von-Are-Straße 8  |  53111 Bonn
Phone: +49 228 63 0455
info@eff-bonn.de
Email and chat counseling are offered.

CLINICS AND EMERGENCY CENTERS
The listed clinics have different focus areas. Please refer to the respective websites for information on individual procedures.

UNIVERSITY HOSPITAL BONN (UKB)
Venusberg-Campus 1  |  53127 Bonn
- Clinic and Polyclinic for Psychiatry and Psychotherapy
- In the clinic, mental illnesses such as depressions, bipolar disorders, obsessive-compulsive disorders, anxiety disorders, psychoses, addictive disorders, crises of meaning and life and burn-out syndrome are treated on an outpatient and inpatient basis. In addition to psychotherapy, pharmacotherapy and sociotherapy, the clinic offers a variety of additional therapies as well as 24/7 emergency care.

AMBULANCE OF THE CLINIC AND POLYCLINIC FOR PSYCHIATRY AND PSYCHOTHERAPY
Clinic Area Venusberg, Zone South
Building No. 82
Phone: +49 228 287-15732
www.psychiatrie.uni-bonn.de

EARLY DETECTION CENTRE (FEP) FOR PSYCHOSES
Clinic Area Venusberg, Zone South
Building No. 82
Phone: +49 228 287-19740
info@espr-ukb.de
www.psychosoziale-beratung.de

CLINIC AND POLYCLINIC FOR PSYCHOSOMATIC MEDICINE AND PSYCHOTHERAPY
Clinic Area Venusberg, Zone South
Building No. 80
Phone: +49 228 287-16299

In addition to an outpatient clinic, e.g. for anxiety and eating disorders, there is a psychosomatic day clinic for young adults between the ages of 17 and 28, which focuses on the treatment of eating disorders, anxiety disorders, and depression.

LVR CLINIC BONN
Kaiser-Karl-Ring 20  |  53111 Bonn
Phone: +49 228 55-1
klinik-bonn@lvr.de
www.klinik-bonn.lvr.de

In case of a psychiatric emergency, please call the LVR Clinic which will refer you to the doctor on duty. Please note that the email address is not a contact for emergency counseling or medical inquiries.

There is an Inter-Cultural Outpatient Clinic (MKU), a Transcultural Outpatient Clinic for Addiction (MKU) and an Outpatient Clinic for Psychological Traumas.
In individual cases, interpreters may be available for consultation and treatment in other foreign languages.

ADDITION COUNSELING
Information and help with addiction is provided by the outpatient consultation of PAUKE Bonn gGmbH

Eindender Straße 18  |  53115 Bonn
Phone: +49 228 604-7516
ambulante-beratung@pauke-life.de
www.pauke-bonn.de

Outpatient Addiction Aid Bonn
The Outpatient Addiction Aid, in cooperation with the Caritas Association and the Diakonisches Werk, offers a comprehensive range of treatments as well as online counseling.

SUPPORT GROUPS
When looking for a support group, please contact Support Group Contact Bonn

Lotharstraße 95  |  53115 Bonn
Phone: +49 228 949-33317
selbsthilfe-bonn@pantaet-nrw.org
www.selbsthilfe-bonn.de

Foreign-language counseling services

OTHER COUNSELING AND SUPPORT OPTIONS
The Psychological Counseling Service of the City of Bonn offers help for people 21 years or younger and their parents.

Psychological Counseling Service of the City of Bonn
Kurfürstenallee 2  |  53117 Bonn
Phone: +49 228 77-4562
psychologische.beratungstelle@bonn.de

Foreign-language counseling is available on demand.

Crisis Hotline
Phone: +49 800 111-0111 and +49 800 111-0222
Email and chat counseling are offered.

Support Groups

Counseling for young adults and their relatives in crisis (up to age 27)
Michael Franke-Stiftung
Quintusstraße 8  |  53115 Bonn
Phone: +49 228 696939
gregorie@ts-bonn.rhein-sieg.de
www.michael-franke-stiftung.de

Bonn Association for Community-Based Psychiatry
Pfaffenweg 27  |  53227 Bonn
Phone: +49 228 9653901 (crisis hotline)
www.bonn-verein.de

The association offers numerous services, e.g. a crisis hotline for Bonn residents in psychosocial emergencies as well as assistance for people with mental disabilities and their relatives.

Help for people with mental disorders Bonn/Rhein-Sieg
Kaiserstraße 79  |  53113 Bonn
Phone: +49 228 2891491
info@hfkp.de
www.hfkp.de