COUNSELING AND PSYCHOTHERAPY
AFFILIATED WITH THE UNIVERSITY OF BONN

Psychological Counseling Center (PBS)
Lennéstraße 24 | 53113 Bonn
Phone: +49 228 73-7106
pbs@studierendenwerk-bonn.de
www.studierendenwerk-bonn.de/soziales/
psychologische-beratung

Psychosocial Counseling Center of the AStA (PSB)
Nassestraße 11 | room 15 | 53113 Bonn
Phone: +49 228 73-7034
psb@asta.uni-bonn.de
www.asta-bonn.de/Psychosoziale_Beratung

Students experiencing psychological or social difficulties may
turn to the PSB of the AStA for information and guidance.

Psychotherapeutic Outpatient Clinic of the University of Bonn
Therapy sessions (fee applies, state insurance may cover the
costs) are offered by the Psychotherapeutic Outpatient Clinic.
Department of Psychology of the University of Bonn
Dietkirchenstraße 28 | 53111 Bonn
Phone: +49 228 73-4079
psychotherapie@uni-bonn.de
www.psychologie.uni-bonn.de/ambulanz

If you find yourself in a troubling situation, do not hesitate
to talk to a professional counselor. This leaflet gives you an
overview of relevant counseling services that provide a safe
space and confidentiality. Appointments usually require
prior arrangement. Further information can be found on the
respective websites. Please take into account that the coun-
seling services listed in this leaflet only represent a selection
of the available counseling services in Bonn.

Please note that many student and counseling services are
only offered in German. If you need help leading a conversa-
tion in German, please make sure to bring someone with you
to translate.

SERVICES AT THE UNIVERSITY OF BONN

Psychological Counseling of the Central Study Advisory
and Counseling Service (ZSB)
The Central Study Advisory and Counseling Service provides
independent psychological counseling to all students enrolled
at the University of Bonn. In private sessions, our counselors
offer neutral advice concerning difficulties that affect your
academic success and quality of life.

Studying with disabilities
Students affected by chronic physical and/or mental disa-
bilities may contact the representative for students with
disabilities and chronic illnesses for relevant advice:
Marion Becker
Phone: +49 228 73-7306
studierenmithandicap@uni-bonn.de
www.studierenmithandicap.uni-bonn.de

If you feel you might benefit from psychotherapy but aren’t
sure about a certain aspect of the process, e.g. which thera-
pedict approach to go with, please refer to the following web
portal for information and guidance:
www.wege-zur-psychotherapie.org

The following websites offer a direct search for psychothera-
pists. The websites are in German, however in some cases it
is possible to look for foreign language therapists in the data
bases.

Federal Chamber of Psychotherapists (BPK)
www.bpk.de/service/therapeutensuche.html

Psychotherapy Information Service (PID)
Phone: +49 30 209166330
pid@psychologenakademie.de
www.therapeutensuche.de

Association of Statutory Health Insurance Physicians
North Rhine
Hotline for appointments
Phone: +49 211 5970-8990
www.kvno.de

German Association for Youth and Marriage Counseling e.V.
(DAJEB)
The website offers the possibility to search for counseling
services in your area:
www.dajeb.de/beratungsfuehrer-online

Please note:
In case you have non-German health insurance, please make
sure it covers psychotherapeutic services.

Klimaneutral

Psychotherapeutic Search

Everyone may experience difficult situations at times. Enter-
ing university life and pursuing a degree, for example, can
be accompanied by challenges that may feel overwhelming.
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Central Study Advisory and Counseling Service (ZSB)
Poppelsdorfer Allee 49 | 53115 Bonn
Laura Neufeldt, MSc in Psychology
Phone: +49 228 73-7034
psb@asta.uni-bonn.de
www.asta-bonn.de/Psychosoziale_Beratung

Please note:
In case you have non-German health insurance, please make
sure it covers psychotherapeutic services.

Editor:
Central Study Advisory and Counseling Service (Dep. 9.2)
Poppelsdorfer Allee 49 | 53115 Bonn
Phone: +49 228 73-7030
zb@uni-bonn.de

www.studierenmithandicap.uni-bonn.de
COUNSELING AND ADVICE FROM CHURCH INSTITUTIONS

In counseling centers run by church institutions, counseling is independent of the denomination.

Protestant Students’ Community Bonn (ESG)  
Venusbergweg 4 | 53115 Bonn  
Michael Pues, Student Pastor  
Phone: +49 228 911-9912  
info@esg-bonn.de

COUNSELING AND ADVICE FROM UNIVERSITY INSTITUTIONS

CLINICS AND EMERGENCY CENTERS

The listed clinics have different focus areas. Please refer to the respective websites for information on individual procedures.

UNIVERSITY HOSPITAL BONN (UKB)  
Venusberg-Campus 1 | 53117 Bonn

Clinic and Polyclinic for Psychiatry and Psychotherapy  
In the clinic, mental illnesses such as depressions, bipolar disorders, obsessive-compulsive disorders, anxiety disorders, psychoses, addictive disorders, crises of meaning and life and burn-out syndrome are treated on an outpatient and inpatient basis. In addition to psychotherapy, pharmacotherapy and sociotherapy, the clinic offers a variety of additional therapies as well as 24/7 emergency care.

Ambulance of the Clinic and Polyclinic for Psychiatry and Psychotherapy  
Clinic Area Venusberg, Zone South Building No. 82  
Phone: +49 228 287-15732  
www.psychiatrie.uni-bonn.de

Early Detection Centre (FEP) for Psychoses  
Clinic Area Venusberg, Zone South Building No. 82  
Phone: +49 228 287-19740  
info@esprit-ukb.de

Clinic and Polyclinic for Psychosomatic Medicine and Psychotherapy  
Clinic Area Venusberg, Zone South Building No. 80  
Phone: +49 228 287-16299

In addition to an outpatient clinic, e.g. for anxiety and eating disorders, there is a psychosomatic day clinic for young adults between the ages of 17 and 28, which focuses on the treatment of eating disorders, anxiety disorders, and depression.

LVR CLINIC BONN  
Kaiser-Karl-Ring 20 | 53117 Bonn  
Phone: +49 228 551-1  
klinik-bonn@lvr.de

In case of a psychiatric emergency, please call the LVR Clinic which will refer you to the doctor on duty. Please note that the email address is not a contact for emergency counseling or medical inquiries.

There is an Interultural Outpatient Clinic (IMICA), a Transcultural Outpatient Clinic for Addiction (ITU) and an Outpatient Clinic for Psychological Trauma.  
In individual cases, interpreters may be available for consultation and treatment in other foreign languages.

ADDITIONAL INFORMATION AND SUPPORT OPTIONS

The Psychological Counseling Service of the City of Bonn offers help for people 21 years or younger and their parents.

The Psychological Counseling Service of the City of Bonn  
Kurfürstenallee 2-1 | 53117 Bonn  
Phone: +49 228 77-4562  
psychologische.beratungstelle@bonn.de

Foreign-language counseling is available on demand.

Counseling for young adults and their relatives in crisis (up to age 27)  
Michael Franke-Stiftung  
Quantustrasse 8 | 53115 Bonn  
Phone: +49 228 696939  
gregorien@ts-bonn.rhein-sieg.de

Muslim Crisis Hotline (MuTeS)/Berlin  
Phone: +49 30 443-509821  
www.mutes.de/home.html

The association offers numerous services, e.g. a crisis hotline for Bonn residents in psychosocial emergencies as well as assistance for people with mental disabilities and their relatives.

Help for people with mental disorders Bonn/Rhein-Sieg  
Kaiserstraße 79 | 53113 Bonn  
Phone: +49 228 2891491  
info@hfpk.de

OTHER COUNSELING AND SUPPORT OPTIONS

The Psychological Counseling Service of the City of Bonn offers help for people 21 years or younger and their parents.

The Psychological Counseling Service of the City of Bonn  
Kurfürstenallee 2-1 | 53117 Bonn  
Phone: +49 228 77-4562  
psychologische.beratungstelle@bonn.de

Foreign-language counseling is available on demand.