### Coaching Day – Career Planning for Postdocs

**Career Paths Inside & Outside Academia**

<table>
<thead>
<tr>
<th>Institution</th>
<th>Human Resource Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coaching language</td>
<td>English or German</td>
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<tr>
<td>Target group</td>
<td>Postdocs and Research Managers</td>
</tr>
</tbody>
</table>

#### Goals/contents

The trainer, Dr. Matthias Schwarzkopf, has accompanied approximately 200 appointment procedures and appointment negotiations as a representative for the Friedrich-Schiller-University of Jena. Through this task, he has built up a broad knowledge of career paths in a wide range of natural sciences, humanities and social sciences. He works as trainer and consultant in the research sector for several years.

Within the individual one-hour coaching sessions you can work with him on the following key topics:

**Career Planning Inside Academia**

- Planning and optimizing your academic career
- Evaluating your current academic profile: What did I achieve and what do I still need?
- Specify your next goals and the major steps towards qualifying for long-term academic career
- Applying for professorship and other positions inside academia
- Dealing with the risks of a scientific career
- Dealing with current challenges

**Orientation: Career Inside or Outside Academia**

- My profile - my competences: Which positions suit me?
- Decision-making support: stay in academia or apply to leave?

**Career Planning Outside Academia**

- Job search of non-scientific careers
- Applications for positions outside academia
- Which of my skills and experiences are most attractive for non-academic employers?

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<th>Number of participants</th>
<th>Max. 7</th>
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**Date/Time**

Monday, November 2, 2020

Individual appointments will be made between 9 a.m. to 5.30 p.m.

**Venue**

Poppelsdorfer Allee 47, 53115 Bonn
Second floor, coaching room 2.007

If you have mobility restrictions, please contact your contact person listed below.
<table>
<thead>
<tr>
<th><strong>Speaker</strong></th>
<th>Dr. Matthias Schwarzkopf - Karriereberatung Akademiker</th>
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</thead>
<tbody>
<tr>
<td><strong>Registration deadline</strong></td>
<td>Friday, October 16, 2020</td>
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<tr>
<td><strong>Registration process</strong></td>
<td>Please send us an e-mail to: <a href="mailto:petra.best@uni-bonn.de">petra.best@uni-bonn.de</a> with a short description of the topic you would like to work on in the coaching session, as well as your name and your position at the University of Bonn.</td>
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<tr>
<td><strong>Cost</strong></td>
<td>The costs are covered by Human Resource Development.</td>
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| **Contact for queries** | Petra Best, Human Resource Development  
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E-mail: petra.best@uni-bonn.de |