



Dear employees,

we wish you and your families all the best for 2024!

The new year has begun and in addition to the busy end of semester, the administration's moving is coming up. Hopefully you will still find some hours of free time, because once again, interesting and varied events are being offered!

We hope you enjoy reading our newsletter!

Topic overview

- 1. New parent-child rooms
- Changes regarding child sickness benefit (Kinderkrankentage)
- 3. The Hebammen-Ambulanz Bonn
- 4. Event recommendations

Free children's clothing available

Slowly, winter comes to an end and soon warm winter jackets can be swapped with spring dresses. In case you need clothes for your baby or child, you can have a look in our office – we have clothing in sizes 56 to 104 available!

University members who would like to donate used children's clothes in good condition are more than welcome to contact us as well.

familienbuero@uni-bonn.de



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1. New parent-child rooms and diaper changing tables



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The establishment of parent-child rooms and the installation of diaper changing tables have an important impact on balancing study, work and family life.

We are more than happy to inform you that there are numerous parent-child rooms, breastfeeding and changing facilities that you can use! They are located on the campus in the city centre as well as in Poppelsdorf and Endenich.

You can find an exact overview on our website.

If you would like to set up such a room yourself, we also provided some information on planing and implementation. You can also request a consultation at the Office of Family Services at any time.

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2. Changes regarding child sickness benefit (Kinderkrankentage)

From 2024 there will be the following new regulations regarding the number of children's sick days:

Each parent can use 15 child sickness benefit days per child per year. This increases the entitlement, which was still ten days per year before the covid special measures came into force in 2021. Single parents can receive 30 days per year.

Usually, 90 percent of the lost pay is paid out as children's sickness benefit - for all children under the age of 12 who are covered by public health insurance.

Parents with a mini-job are usually entitled to unpaid leave from work, but not to child sickness benefit.

The Ministry of Health summarizes detailed information here.

3. Good to know: The Hebammen-Ambulanz Bonn

Finding the right midwife can take a lot of time. Also moving to a new town or having to deal with a cancellation of your planned midwife at short notice can complicate the months surrounding the birth.

According to the motto "midwifery help for all", the Hebammen Ambulanz Bonn offers fast, flexible support from during the pregnancy to after the birth.



Appointments can be arranged online and take place in the health centre of St. Johannes Hospital. All services are covered by health insurance.

You can find the association's website here.

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Important: Additional care days through pme Familienservice

In case your childcare is unavailable while you are at work, the University of Bonn offers the option of **emergency childcare** organized by <u>pme Familienservice</u>.

Normally, you are entitled to 5 days of childcare per child per year. From January to May 2024, however, you can use an additional 15 days of childcare per child due to staff shortages in the childcare facilities caused by illness.

Children **aged 4 months to 12 years** are cared for, between the hours of **6 am and midnight** and, if necessary, overnight.





4. Event recommendations



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Museum visit with baby!

In the context of the current exhibitions, guided tours and talks for parents with babies take place in Bundeskunsthalle.

When: 24.01., 07.02. 21.02., 06.03., 13.03., 20.03.;

10:15-11:45 am

Tickets: 15€, click here for further information

Painting studio in Kunstmuseum Bonn

Accompanied by an adult, one- and two-year-old children can get creative while trying out different materials and paint, on Saturday, the 4th of March.

The workshop starts at 3 pm. Tickets can be purchased at the museum's ticket office – it's $3,50 \in \text{per child}$ and $7 \in \text{per adult}$.

Sport for children from the age of one

Taking part in a sports class is not only a fun activity, but also encourages the contact with other children.

The Turn- und Gymnastik-Verein Bonn offers parent-child-gymnastics for children from the age of one and children's gymnastics for children from the age of three. Here's the full offer.

Early musical education

Once a week, the Ludwig-van-Beethoven-Music School Bonn offers early musical education – music lessons for children from the age of 4.

The lessons include singing and moving to music as well as learning about instruments. Further information can be found here.



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The new semester of Kinderuni Bonn just started!

From January 15, the *Kinderuni* (children's University) started into a new semester with a total of **6 lectures**. Next Monday, January 29, Prof. Dr. Martin Qaim will give a lecture with the title "How can we feed everyone?". Other interesting topics will be covered in the following weeks.

All lectures take place on **Mondays from 5:15 to 6 pm**, located in the **Wolfgang-Paul-Hörsaal at Kreuzbergweg 28**. The program is aimed at children between the ages of eight and 13 and is free of charge. The lectures will be given in German but may offer a good chance to get familiar with the language.

You can find an overview of all the lectures on offer here.