

Dear students,

We hope you enjoyed the summer and are well rested for the start of the new semester!

For the coming fall and winter, we will once again be providing you with helpful information on studying with children and highlighting interesting events for the coming months.

Enjoy reading the newsletter.

Playgroup in the Parent-Child-Room

We at the Office of Family Services are happy to offer our premises for a possible exchange group for students with children—to get to know each other and network. We would be happy to help set up and support the group if desired.

If you are interested, please send us an email so that we can assess the demand.

Topic overview

1. European Carers Day
2. Starting your Studies
3. Media Workshop
4. Event tips

1. European Carers Day

In addition to family commitments, many students are also responsible for caring for a parent or other close relative. As part of *European Carers Day* on October 6, the Office of Family Services is organizing a series of lectures in which experts will talk about the various stages of caregiving and provide information on important topics such as powers of attorney, wills, and mindfulness in dealing with one's own health.



The entire event will take place digitally via Zoom and be held in German.

Further information can be found on our corresponding [page](#). You can registrate via email to familienbuero@uni-bonn.de.

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2. Starting your Studies

Starting university—and often arriving in a new city—can be quite challenging, especially if you have a family. The university therefore supports you with various services to make it easier for you to get started and quickly find your way around both the city and everyday university life.

You can find an overview of these services on the [university website](#).

Of course, we at the office of family services, are also available to answer any questions you may have about studying with children and will support you as you start your studies.

3. Media Workshop

Digital media has become an integral part of modern life and children and young people are exposed to it at an early age in many areas of their lives. This is precisely why it is important to teach them how to use technology and social media appropriately at a young age in order to prepare them optimally for the future.

On November 7, *Deutsches Museum Bonn* is offering a workshop on media resilience, which will address everyday topics such as AI, digital media, and mobile devices, and how to use them in a beneficial way.



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Further information and registration details can be found [here](#).

Reminder: Free children's clothing

Summer is over and it's time for warm sweaters and long trousers again. If you still need clothes for your baby or toddler, or have some to hand in, you are welcome to drop by. **Clothes in sizes 50 to 110** are in stock!

5. Event tips



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High up!

For enthusiastic climbing fans, or those who want to become one, *Naturfreunde Bonn* offers a climbing group for parents with children aged 0-3 every other Friday. Children can play in a welcoming environment while their parents reach new heights and chat with each other.

You can find all the information [here](#).



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Curtain up!

Junges Theater Bonn has once again prepared an exciting program for children and young people of all ages, including a play based on [The Little Prince](#) and the musical [Spring Awakening](#).

Further information and events can be found [here](#).

Music with children

From September to December, *Haus der Familie* hosts an open music meetup every Tuesday, where parents and toddlers aged 10-15 months can sing, listen, and chat with other families in a cozy setting.

No registration is required. Dates and information can be found [here](#).

Note: If you no longer wish to receive our newsletter, please send an email to familienbuero@uni-bonn.de.

All information without guarantee

19.09.2025