CLINICS AND EMERGENCY CENTERS

The listed clinics have different focus areas. Please refer to the respective websites for information on individual procedures.

UNIVERSITY HOSPITAL BONN (UKB)

Venusberg-Campus 1 | 53217 Bonn

Clinic and Polyclinic for Psychiatry and Psychotherapy
In addition to an outpatient clinic, e.g. for anxiety and eating disorders, there is a psychosomatic medicine day clinic for young adults between the ages of 17 and 24, which focuses on the treatment of eating disorders, anxiety disorders, and depression.
Clinic Area Venusberg
Building No. 82
Phone: +49 228 287-16209
www.psychosomatik-bonn.de

UR CLINIC BONN
In case of a psychiatric emergency, please call the UR Clinic which will refer you to the doctor on duty. Please note that the email address is not a contact for emergency counseling or medical inquiries.

Ambulance of the Clinic and Polyclinic for Psychiatry and Psychotherapy
Clinic Area Venusberg, Zone South
Building No. 82
Outpatient Clinic
Phone: +49 228 287-15732
Psychotherapy and Psychotherapy Emergencies and Emergency Center
Phone: +49 228 287-12000
www.ambulanz-psychiatrie.de

Early Detection Centre (EPC) for Psychosis Bonn
Clinic Area Venusberg, Zone South
Building No. 82
Early Detection of Psychotic Disorders in Late Adolescents and Early Adults (DAJEB)
www.dajeb.de/beratungsfuehrer-online

Counseling

Clinic and Polyclinic for Psychosomatic Medicine and Psychotherapy
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PsycHOTHERAPY SEARCH

If you feel you might benefit from psychotherapy but aren’t sure about a certain aspect of the process, e.g. which therapeutic approach to go with, please refer to the following web portal for information and guidance:

www.wegweiser-psychotherapie.de

The following websites offer a direct search for psychotherapists. The websites are in German, however it is possible to look for foreign language therapists in the data bases.

Federal Chamber of Psychotherapists (BPS)
www.bptk.de/service/therapeutensuche.html

Psychotherapy Information Service (PID)
Phone: +49 30 20916630
pid@psychologenakademie.de
www.pidpsychologenakademie.de

Appointmen service point of the Association of Statutory Health Insurance Physicians North Rhine
Appointments for psychotherapeutic consultation rooms:
Phone: 118-117
https://patienten.bon.de/service/tss
Tips for searching for a psychotherapist:
https://patienten.bon.de/klinikarzt

German Association for Youth and Marriage Counseling e. V. (DAJEB)
The website offers the possibility to search for counseling services in your area.
www.daub.de/beratungsfaecher-online

Please note:
In case you have non-German health insurance, please make sure it covers psychotherapeutic services.

OTHER COUNSELING AND SUPPORT OPTIONS

The Psychological Counseling Service of the City of Bonn offers help for people 25 years or younger and their parents.

Psychological Counseling Service of the City of Bonn (PKB)
Kurfürstenallee 2-5 | 53177 Bonn
Phone: +49 228 77-4562
psychologische.beratungsdienste@bonn.de
Counseling in other foreign languages is available on demand.

Counseling for young adults and their relatives in crisis (up to age 27)
Tel/Legal Surgery Bonn/Rhein-Sieg e. V.
Counseling via telephone, online or face-to-face.
www.ts-bonn-rhein-sieg.de

Gemeindepsychiatrie Bonn-Rhein-Sieg gGmbH
The association offers numerous services, e.g. a crisis hotline for Bonn residents in psychosocial emergencies as well as assistance for people with mental disabilities and their relatives.
Pfaffenweg 27 | 53217 Bonn
Phone: +49 228 985 3901 (crisis hotline)
www.gemeindepsychiatrie.de

Help for people with mental disorders: Bonn/Rhein-Sieg
Association for people with mental disorders and their relatives.
Kaiserstraße 79 | 53113 Bonn
Phone: +49 228 2891491
info@hfpk.de
www.hfpk.de
### Services at the University of Bonn

**Psychosocial Counseling at the Central Study Advisory and Counseling Service (ZSB)**

- **Psychological Counseling** at the ZSB is a contact point for students of all faculties seeking advice on problems that impact their academic success and quality of life.
  - Located: [12th Floor] 53115 Bonn
  - Laura Neufeldt, MSc in Psychology
  - Phone: +49 228 73-7080
  - Contact: studieren@handicap.uni-bonn.de or psb@uni-bonn.de (appointments)

### Counseling Centers

**Psychosocial Counseling Center of the ASA (PSB)**

- Students experiencing psychological or social difficulties may turn to the PSB for advice and guidance.
  - Located: Adenauerallee 63 | 53113 Bonn
  - Laura Becker, Student Assistant
  - Phone: +49 228 63-4079
  - Contact: psb@studierendenwerk-bonn.de

**University Psychotherapy Outpatient Clinic**

- The University Psychotherapy Outpatient Clinic offers therapy against a charge, which can be settled through statutory or private health insurance.
  - Located: Institute of Psychology, University of Bonn
  - Phone: +49 228 73-7305
  - Contact: studierendenmitpsychopathien@uni-bonn.de

**Gender Equality Office**

- The Gender Equality Office offers advice and support in cases related to equal opportunity and gender equality, e.g. sexual harassment or discrimination.
  - Located: University of Bonn
  - Phone: +49 228 73-7305
  - Contact: studierendenmitpsychopathien@uni-bonn.de

### Counseling and Advice from Church Institutions

**Counseling and Psychotherapy Affiliated with the University of Bonn**

- **Psychological Counseling Centre (PSS)**
  - Located: Studierendenwerk Bonn
  - Phone: +49 228 73-7106
  - psb@studierendenwerk-bonn.de

- **Psychosocial Counseling Center of the ASA (PSB)**
  - Located: Adenauerallee 63 | 53115 Bonn
  - Phone: +49 228 94933317
  - Contact: selbsthilfe-bonn@paritaet-nrw.org

### ADDICTION COUNSELING

- **Outpatient Addiction Aid**
  - Located: The Outpatient Addiction Aid, in cooperation with the Caritas Association and the Dakarhosen Werk, offers a comprehensive range of treatments as well as online counseling.
  - Contact: www.suchthilfe-bonn.de

### Support Groups

- **Support Group Contact Bonn**
  - Located: Lotharstraße 95 | 53115 Bonn
  - Phone: +49 228 59433137
  -Contact: selbsthilfe-bonn@partner-moe.org
  - Contact: selfhilfe-bonn@beratungsstelle-bonn.de

### Help Lines

- **Nightline Köln**
  - Support and info line run by students for students
  - Phone: +49 800 470 35 00 (free of charge) or +49 221 470 35 00
  - Contact: nightlinewriter.de

- **Crisis Hotline**
  - Phone: +49 800 111-0111 und +49 800 111-0222
  - Email and chat counseling are offered.
  - Contact: hilfe@tiefenschwarz.org

- **Muslim Crisis Hotline (MuTeS)**
  - Phone: 030 443504821
  - Counseling in other foreign languages is available on demand.
  - Contact: www.mutes.de

### Version: April 2021

**Psychosocial Counseling**

Ending up in a difficult situation is something that can happen to anybody. At the beginning of university life and further along, students may face challenges that can be both rewarding and troubling.

If you would like to talk about this or any other issue troubling you, please do not hesitate to seek professional support. The institutions listed in this flyer will provide confidential advice. Please note that our list is a selection of counseling opportunities available in Bonn. Appointments must usually be made in advance. You will find additional information on the respective websites.

**Central Study Advisory and Counseling Service (Ed.)**

Poppeldorfer Allee 49 | 53115 Bonn, Germany
Phone: +49 228 73-7080
ZSB@uni-bonn.de
www.zsb.uni-bonn.de

**Klinemotional**

Crisis support for young people under 25. Conducted via email and anonymous, the service is provided by specially trained peers.
www.k-25.deutschland.de