

Editorial

Winter | 2023



Happy Holidays from the Bonn Graduate Center Team! We spent our Christmas party learning some new skills. © BGZ

Newsletter des Bonner Graduiertenzentrums für Promovierende

Bonn Graduate Center's Newsletter for Doctoral Researchers



Dear doctoral students,



A very tumultuous year is coming to an end and we would like to take the opportunity to thank you for the inspiring exchange, your participation in our workshops and events and your valuable feedback on our offerings.

To support an energetic and motivated start into the New Year, this issue of our newsletter announces current calls with deadlines in January, our workshops for next year and further qualification opportunities.

Best regards and Season's Greetings from your Bonn Graduate Center.



Liebe Promovierende,

ein ereignisreiches Jahr neigt sich dem Ende zu und wir möchten diese Gelegenheit nutzen, uns bei Ihnen zu bedanken – für den anregenden Austausch, die aktive Teilnahme an so vielen unserer Veranstaltungen und Workshops und Ihr wertvolles Feedback zu unseren Angeboten.

Um Ihnen einen schwingvollen und motivierten Start ins neue Jahr zu ermöglichen, finden Sie in dieser Ausgabe aktuelle Ausschreibungen mit Frist im Januar, unsere Workshops im neuen Jahr und weitere Qualifizierungsmöglichkeiten.

Herzliche Grüße und frohe Weihnachten wünscht Ihr Bonner Graduiertenzentrum.





News from the Bonn Graduate Center

We would like to give you a brief update on developments and news from the Bonn Graduate Center team.

Welcome on Board! We are very happy to introduce our new colleague Soo-Min Lee who joined us in November. Soo-Min will be the point of contact for our e-Training offers, the Doctorate plus Certificate Add-Ons and the Job Talk series.



A Warm Welcome to the Team! We are delighted to be able to introduce another new colleague, Dr. Nina Heidary, who also joined us in November. Nina will be responsible for our Argelander Career talk series and our funding lines for doctoral students.



Travel plans? Have a look at our currently open funding lines supporting the active participation in an international conference abroad as well as our other [grants for doctoral students](#), deadline on January 15, 2024.



UNIVERSITÄT BONN

ARGELANDER PROGRAM

JOB TALKS
für Promovierende und Promovierte
Eine Stunde – Ein Job – Eine Perspektive

Dr. Mirjam Lange
Management Consultant
Consultant
at McKinsey & Company

24. Januar 2024
13:00–14:00 Uhr
uni-bonn.de/jobtalks

New Job Talk! Register for [the next Job Talk „Consultant at McKinsey“](#) on January 24, 2024, at 1:00 p.m. now! In this online talk held in English, Dr. Mirjam Lange, Management Consultant, provides insights into her job at McKinsey & Company and the entry perspectives for new applicants.

Registration and more information on the series jointly offered by the Bonn Graduate Center, Human Resource Development and the Alumni Network at www.uni-bonn.de/job-talks.

Any questions?
Get in touch with us at
0228 73-60141 or
graduierzentrum@uni-bonn.de.
We are happy to help!

Online Coaching for Doctoral Students: New dates for 2024 available!

Are you a doctoral student at the University of Bonn and in a challenging phase of your PhD project? Do you need help and suggestions to overcome it?

Benefit from our individual coaching sessions – free of charge. Three time slots are available each month. The coaching sessions are offered in both German and English and they address doctoral students in all stages of their doctoral studies.



Sind Sie Promovierende*r an der Universität Bonn und befinden Sie sich in einer schwierigen Situation der Promotion? Brauchen Sie Hilfe und Anregungen, um diese zu bewältigen?

Melden Sie sich für eines unserer kostenfreien Einzelcoachings an. Pro Monat stehen drei Slots zur Verfügung. Die Coachings werden in deutscher und englischer Sprache angeboten und richten sich an Promovierende in allen Phasen ihrer Promotion.

More information and registration for the next coaching dates:

[January 29, 2024 Prof. Dr. Martin Zierold](#)

[February 22, 2024 Dr. Majana Beckman](#)

[March 15, 2024 Prof. Dr. Martin Zierold](#)



Awards for talented young researchers awarded by the Universitätsgesellschaft Bonn

A night of celebration and inspiration - the Universitätsgesellschaft Bonn (UGB) awarded prizes worth a total of 19,000 Euros to excellent dissertations and student engagement at its annual winter soirée. From innovative junior research to outstanding student initiatives, excellent performances in various areas were awarded. [Full press release.](#)



Languages, taxes and restaurants - wide range of topics at the ideas pitch

The 2023 Ideas Competition organized by the Transfer Center enaCom once again impressively demonstrated the innovative potential of the University of Bonn. Eight finalists pitched their ideas to the jury and audience at the Digitalhub on December 6. Three of them convinced the distinguished jury: "UniTalks" by Daria Kononenko, "Inspired by Learning" by Fabian Mantsch and Lars Pfleider, as well as "PlateProfit" by Leon Schmidt. [Read more here.](#)



Four doctoral graduates rehabilitated by the Senate of the University of Bonn

During the University Senate meeting on November 9, 2023, four doctoral graduates who were unjustly stripped of their doctorates during the Third Reich were rehabilitated. The four men belonged to the Faculty of Medicine and the Faculty of Law and Political Science and had been politically persecuted, which is why they were forced to flee abroad. [Full press release.](#)

Funding Opportunities for Doctoral Students



Uni Bonn Gender Studies Prize

Deadline: February 1, 2024

To promote the visibility of gender studies and queer studies at the University of Bonn, the Gender Equality Office awards an annual prize for outstanding final theses and doctoral dissertations drawing on the methods and topics of these disciplines. More information [here](#).



William Stern Förderprogramm

Frist: 10. Februar 2024

Das William Stern Programm der Karg-Stiftung will neue Forschung im Thema Hochbegabung anregen. Im Mittelpunkt steht die Beantwortung von Schlüsselfragen der Begabtenförderung im Kindes- und Jugendalter. Zu den relevanten Disziplinen gehören vor allem die Psychologie, die Erziehungswissenschaften und die Pädagogik. Alle Informationen zur Ausschreibung und zum Bewerbungsverfahren finden Sie [hier](#).



Roman Herzog Forschungspreis

Frist: 31. Dezember 2023

Das Roman Herzog Institut vergibt jährlich den mit insgesamt 35.000 € Preis mit dem drei Nachwuchswissenschaftler*innen aller Fachrichtungen ausgezeichnet werden, die sich in ihren Dissertationen oder Habilitationen mit der Weiterentwicklung der Sozialen Marktwirtschaft und ordnungspolitischen Zukunftsfragen auseinandersetzen. Detaillierte Informationen finden Sie [hier](#).



German Thesis Award / Deutscher Studienpreis

Deadline: March 1, 2024

The call is aimed at early-career researchers from all disciplines who have submitted an excellent dissertation of particular social significance in 2023. With three top prizes of 25,000 euros each, it is one of the most highly endowed prizes for early-career researchers in Germany. All information is available [here](#).



KlarText-Preis für Wissenschaftskommunikation

Frist: 28. Februar 2024

Schreiben Sie einen Artikel oder erstellen Sie eine Infografik und erklären Sie Nicht-Expert*innen, woran Sie geforscht haben! Bewerben können sich Wissenschaftler*innen, die im Jahr 2022 oder 2023 in Biologie, Chemie, Geowissenschaften, Informatik, Mathematik, Neurowissenschaften oder Physik ihre Promotion mit sehr guten Ergebnissen absolviert haben. Weitere Informationen finden Sie [hier](#).



Barbara-Wengeler-Preis

Frist: 31. Mai 2024

Die Barbara-Wengeler-Stiftung verleiht einmal jährlich den Preis für eine herausragende wissenschaftliche Nachwuchsarbeit, die sich mit der Vernetzung zwischen Philosophie und den Neurowissenschaften und/oder der Kognitionswissenschaft und/oder der Künstlichen Intelligenz beschäftigt. Der Preis ist mit 10.000 Euro dotiert. Weitere Informationen finden Sie [hier](#).



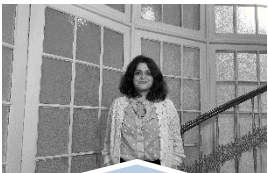
Dr. Robert Radu is happy to answer your questions on funding opportunities: funding@verwaltung.uni-bonn.de



Grants for Doctoral Students Offered by the University of Bonn

Do you need financial support for your participation in an international conference? Are you planning a workshop in Bonn and want to invite international researchers to work together with you on a topic? Do you want to fly in your international second supervisor for your thesis defense? Then our funding lines are just right for you.

- Participation in International Conferences
- Funding for Doctoral Workshops in Bonn
- Invitation of International Second Supervisors
- Participation in Academic Online Events



Applications can be submitted at any time and will be reviewed quarterly. The next deadlines are January 15 and July 15.

Dr. Nina Heidary is happy to answer your questions on our funding lines:
funding@verwaltung.uni-bonn.de

Find all funding lines and more information at
uni-bonn.de/argelander-program



Events and Opportunities

Discussion on Diversity Topics

All member of the University of Bonn are cordially invited to participate in the workshops on diversity topics and discuss development potentials of the University of Bonn as well as their own perspectives and ideas:

- "Gender equality" on January 15, 2024
- "Protection from discrimination" on January 22, 2024
- "Family friendliness" on February 5, 2024

Click [here](#) for registration and further information on the workshop discussions.

Workshops: Innovation Management and Entrepreneurial Mindset

Transfer Center enaCom supports you in turning ideas from research into

practice, developing innovations or starting a project that has a positive impact on our society. In 2024, they offer workshops on a variety of topics such as "Social Entrepreneurship" or "Practical Tools for Strategic Innovation Management". Specific workshops are available in German, such as "Urheberschutz Computerprogramme und Software" or "Soll ich's wirklich machen? Empowering Women to start (up)". And of course, everybody is welcome at our regular start-up get-together every 2nd Wednesday of a month at Digitalhub. Check out <http://www.uni-bonn.de/de/enacom/events>



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Die erste Hospitation im Research Management Track!

Nach erfolgreichem Erwerb eines Doctorate plus Zertifikats können sich Promovierende oder Promovierte, um ein Add-On bewerben. Im Research Management Track ist dies eine Hospitation: Vom 17. bis 19. Oktober 2023 durften wir Claudia Reitz, die erste Hospitantin begrüßen!

Frau Reitz, warum haben Sie sich für eine Hospitation im Dezernat Forschung und Transfer entschieden?

Nachdem ich im Doctorate Plus Programm mehrere Workshops zum Wissenschaftsmanagement absolviert hatte, wuchs der Wunsch, mir die praktische Seite anzuschauen. Als ich dann las, dass man nach dem Erwerb des Doctorate-Plus-Zertifikats eine Hospitation absolvieren kann, wollte ich mir die Gelegenheit nicht entgehen lassen. Für das Dezernat 7 habe ich mich entschieden, weil ich die Forschungsförderung für ein wahnsinnig spannendes Gebiet halte, auf dem ich vielleicht selbst einmal tätig werden möchte.

Welche interessanten oder überraschenden Einblicke und Erkenntnisse sind Ihnen aus Ihrer Hospitation in Erinnerung geblieben?

Die Einsicht in die Praxis ließ die Abläufe von der Antragsberatung über die Erstellung von Förderverträgen bis zur Betreuung eines Projekts noch einmal klarer werden. Überraschend fand ich dabei, wie unterschiedlich das Projektmanagement abläuft je nachdem, ob die Förderung durch den Bund, das Land NRW, die EU oder die DFG erfolgt. Besonders gefallen hat mir auch, wie forschende Mütter oder Väter unterstützt werden, damit sie Ihre Forschung und die

Kinderbetreuung unter einen Hut bringen können, bspw. durch KidsBoxes (Das Konzept der KidsBox finde ich gleichermaßen witzig wie gelungen). Interessant fand ich auch die Vielfalt der Fördermöglichkeiten auf europäischer Ebene im Rahmen von Horizon Europe.

Was sind Ihre nächsten Karriereschritte oder Karrierewünsche?

Ich habe ein Jobangebot von einer großen Organisation in der Forschungsförderung erhalten und werde wahrscheinlich demnächst dort eine Position übernehmen. Dieses Angebot habe ich unter anderem den Workshops und der Hospitation zu verdanken, die mich mit dem für den Job notwendigen Hintergrundwissen ausgestattet haben.

Was würden Sie künftigen Hospitant*innen mit auf den Weg geben?

Wer sich für Forschungsförderung interessiert, kann aus einer Hospitation im Dezernat 7 viel mitnehmen. Der Einblick in die Praxis hat mein theoretisches Wissen aus den Workshops enorm vertieft.

Schaut euch unbedingt die praktische Seite des Wissenschaftsmanagements an! Es lohnt sich.

Besonders möchte ich Frau Sheldon und dem Team des BGZ dafür danken, dass es das Doctorate plus Programm und die Hospitationen gibt. Auch den Teams, die ich während der Hospitation besucht habe, gebührt mein Dank dafür, dass sie mich so freundlich willkommen geheißen haben und ich mich sofort heimisch gefühlt habe.

Claudia Reitz wurde im Juli 2023 in der Klassischen Philologie mit einer Arbeit zu Normkonflikten im attischen Recht promoviert.

The First Job Shadowing within the Research Management Track!

After successfully obtaining a Doctorate plus Certificate, doctoral students or graduates can apply for an add-on. In the Research Management Track, this is a job shadowing opportunity: From October 17 to 19, 2023, we welcomed Claudia Reitz, the first job shadowing graduate!



Why did you opt for work shadowing in Research and Innovation Services?

After completing several workshops on science management in the Doctorate plus Workshops, I wanted to take a look at the practical side. Then I read on the homepage of the Bonn Graduate Center that you can participate in work shadowing after acquiring the certificate Doctorate plus and didn't want to miss out on this opportunity. I opted for Division 7 because I think research funding is an incredibly exciting field in which I might like to work myself one day.

What interesting or surprising insights and findings did you gain?

The insight into the practical side clarified the processes ranging from application consultation and drafting funding contracts to supporting a project after the approval of a funding. I was surprised by how differently project management operates depending on

whether the funding originates from the federal government, the state of NRW, the EU, or the DFG. I particularly liked the support provided to parents, enabling them to harmonize their research and childcare responsibilities, such as through KidsBoxes (I find the KidsBox concept both amusing and effective). Additionally, I found the diverse array of funding opportunities within Horizon Europe on a European level quite intriguing.

What are your next career steps or career aspirations?

I have received a job offer from a large research funding organization and will probably be taking on a position there soon. I owe this offer in part to the workshops and the job shadowing, which equipped me with the necessary background knowledge for the job.

What advice would you give to future work shadowing participants?

If you are interested in research funding, you can learn a lot from work shadowing in Division 7. The insight into the practical side significantly deepened my theoretical knowledge from the

workshops. I would especially like to thank Ms. Sheldon and the Bonn Graduate Center team for the Doctorate plus program and the job shadowing. I would also like to thank the teams that I visited during the work shadowing for making me feel so welcome. I immediately felt at home in every section.

Be sure to check out the practical side of science management! It's worth it.

Claudia Reitz earned her doctorate in Classical Philology in July 2023, focusing her thesis on conflicts of norms in Attic law.

Find out more about the certificate at uni-bonn.de/doctorateplus

DOCTORATE PLUS

Your Skills and Training Opportunities in the Winter Term 2023/24

The [Doctorate plus skills and training program](#) in three career tracks allows you to broaden your academic and transferable competencies and prepare for your envisaged career path:

- **Research Track:** Workshops in this track prepare for an academic career at a university or a research institution.
- **Research Management Track:** The training offered in this track qualifies for a career at the interface of science and administration.
- **Business and Organizations Track:** The skills and competencies you can acquire in this track equip you for a career beyond academia, e.g. in industry, NGOs or your own start-up.



Eileen Bradley is happy to answer your questions on Doctorate plus and coaching: bgz@verwaltung.uni-bonn.de

| | | |
|----------|----|----------------------------|
| Language | DE | Deutsch |
| | EN | English |
| Track | | Research |
| | | Research Management |
| | | Business and Organizations |

| December 2023 | R | RM | BO |
|---|---|----|----|
| Preparing Funding Applications Online December 20 and 21, 2023 EN | | | |
| Discovering the Business Potential of Your Research Project In-person December 20, 2023 EN | | | |

| January 2024 | R | RM | BO |
|---|---|----|----|
| Getting Started. The Successful Path to a Doctorate Degree Online January 10 and 11, 2024 EN | | | |
| Service Learning - Grundlagen Präsenz 12. Januar 2024 DE | | | |
| Service Learning - Aufbau Präsenz 12. Januar 2024 DE | | | |
| Preparing for Your Next Career Step in Academia: CV Writing and Applications Online January 16, 2024 EN | | | |
| Preparing for Your Next Career Step in Academia: Job Interviews Online January 17, 2024 EN | | | |
| Grant Writing Advanced for Natural and Life Scientists Online January 17, 18 and February 6, 2024 EN | | | |
| Introduction to Working on HPC Cluster In-person January 17 and 18, 2024 EN | | | |
| Getting to the Finish Line! Actively Shaping the Final Phase of Your Doctorate In-person January 18, 2024 EN | | | |
| Aktivierende Methoden der Textarbeit in der Lehre Online 18. Januar 2024 DE | | | |
| Gut vorbereitet ins Berufsleben: Rechte und Pflichten im Job, Arbeitsvertrag und Arbeitszeugnisse Online 19. Januar 2024 DE | | | |
| My Supervisor and Me - Shaping the Doctoral Supervision Process Together In-person January 19, 2024 EN | | | |
| Designing Successful Events Online January 23, 2024 EN | | | |
| Research Data Management - A Crash Course In-person January 23, 2024 EN | | | |
| SciComm FOCUS Introduction to Storytelling for Scientists Online January 23, 24 and 25, 2024 EN | | | |
| Writing Productivity: Tools and Techniques Online January 24, 2024 EN | | | |
| Karriereentwicklung - Sichtbarkeit und strategisches Netzwerken außerhalb der Wissenschaft Online 24. und 25. Januar 2024 DE | | | |
| Getting serious with LEGO® - Discover your entrepreneurial mindset In-person January 25, 2024 EN | | | |
| Do's and Don'ts auf dem beruflichen Parkett: Business-Etiquette Online 25. und 26. Januar 2024 DE | | | |
| Didaktische Visualisierung Präsenz 26. Januar 2024 DE | | | |



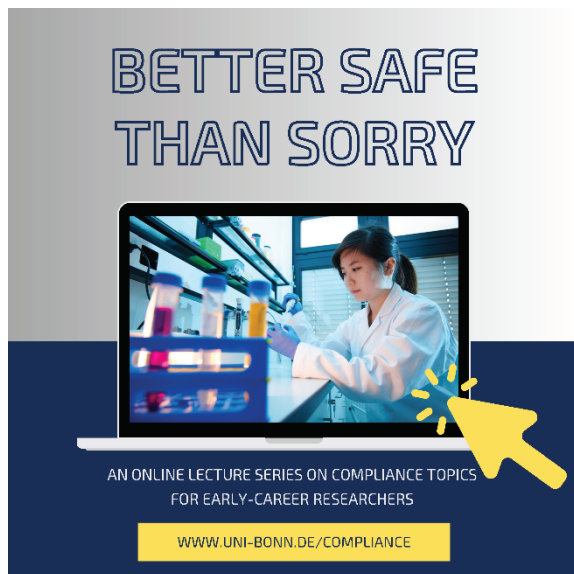
| | |
|---|--|
| Academic Poster Design In-person January 26 and February 7, 2024 EN | |
| Getting it Done. How to Complete Your Dissertation - Methods and Motivation Online January 29 and 30, 2024 EN | |
| Schwierige Situationen in der Lehre Präsenz 30. Januar 2024 DE | |
| Gelungener Berufsstart nach der Promotion - Attraktive Karrierewege auch außerhalb des eigenen Fachs Online 30. und 31. Januar 2024 DE | |

| | |
|--|--|
| Leadership Skills in Academia – What Does It Take to Be a Young Leader? Online February 27 and 28, 2024 EN | |
| Responsible Research and Innovation In-person February 28 and March 6, 2023 EN | |
| Introduction to Finance and Controlling In-person February 29 and March 1, 2024 EN | |
| Überzeugen im Vorstellungsgespräch auf dem außeruniversitären Arbeitsmarkt Online 29. Februar und 1. März 2024 DE | |

| February 2024 | R | RM | BO |
|--|---|----|----|
| SciComm BASICS Science Communication in a Digital World Online February 1 and 2, 2024 EN | | | |
| Coaching Skills for Research Managers and Future Academic Leaders Online February 1 and 2, 2024 EN | | | |
| Social Entrepreneurship - with Young Entrepreneurs in Science (YES) Online February 5, 2024 EN | | | |
| Einführung in das deutsche Wissenschaftssystem für Wissenschaftsmanager*innen Online 6. Februar 2024 DE | | | |
| Stärken nutzen: Als Introvertierte*r in der Wissenschaft überzeugen Online 14. und 15. Februar 2024 DE | | | |
| Communication as a Door-Opener to Research Funding Online February 15, 2024 EN | | | |
| Energy and Stress Management for Doctoral Students Online February 15 and 16, 2024 EN | | | |
| An Introduction to Good Research Practice Online February 16, 2024 EN | | | |
| Urheberrecht Computerprogramme & Software Online 20. Februar 2024 DE | | | |
| Gute Herstellungspraxis (GMP) Online 20. und 21. Februar 2024 DE | | | |
| Managing Scientific Projects Successfully in Diverse Teams Online February 21 and 22, 2024 EN | | | |
| Version Control with Git In-person February 21 and 22, 2024 EN | | | |
| Jobsuche und Bewerbung auf dem außerakademischen Arbeitsmarkt Online 21. und 23. Februar 2024 DE | | | |
| Kreative Ideen entfesseln: Ideen-Mining als Tool für Innovationsprozesse Präsenz 22. Februar 2024 DE | | | |
| English Refresher B1/B2 Online February 24, 26 and 27, and March 1 and 2, 2024 EN | | | |
| Practical Tools for Strategic Innovation Management In-person February 27, 2024 EN | | | |
| Introduction to Statistics In-person February 27, 28 and 29, 2024 EN | | | |

| March 2024 | R | RM | BO |
|--|---|----|----|
| Increase your Employability with a Doctorate - A Workshop on Becoming your Own Marketing Manager Online March 5 and 6, 2024 EN | | | |
| Presenting at International Conferences In-person March 6 and 7, 2024 EN | | | |
| Business Small Talk Online March 8, 2024 EN | | | |
| Good Research Practice Advanced Online March 8, 2024 EN | | | |
| Academic Writing across Disciplines March 9 and 16, 2024 EN | | | |
| Thesis Defence Training In-person March 11 and 12, 2024 EN | | | |
| Einführung in das Forschungsdatenmanagement Online 12. März 2024 DE | | | |
| Karriere in der Wissenschaft: Potenziale entdecken, Strategien entwickeln, konkrete Schritte planen Online 12. und 13. März 2024 DE | | | |
| A Beginner's Guide to Programming In-person March 13, 14 and 15, 2024 EN | | | |
| Good Laboratory Practice In-person March 14 and 15, 2024 EN | | | |
| Dealing with Research Ethics – a Practical Introduction In-person March 21, 2024 EN | | | |
| How to Write and Publish a Review Article Online March 22, 2024 EN | | | |
| Your Idea's Journey: The Design Thinking Process (YES) Online March 22, 2024 EN | | | |

Registration and more info at uni-bonn.de/doctorateplus



“Better safe than sorry”-Lecture Series

The online lecture series on compliance topics informs on how to overcome risks and avoid pitfalls when submitting applications and performing research. Don't miss the upcoming lectures in English or German:

Doctoral Students and Postdocs Register Now!

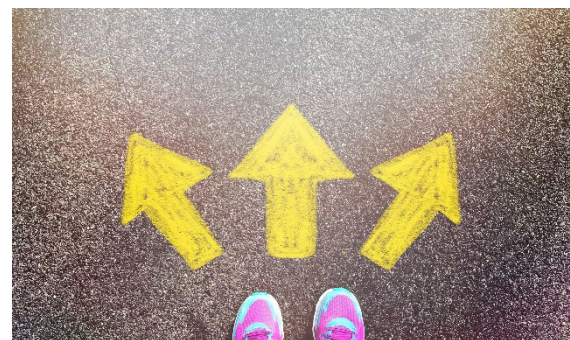
- [Navigating Research Collaborations and Entrepreneurship: Legal Insights and Transfer Strategies | January 25 | EN](#)
- [Keine Grauzone! Machtmissbrauch in der Wissenschaft und der Umgang mit sexualisierter Diskriminierung und Gewalt | 31. Januar | DE](#)
- [Nachhaltigkeit in der Forschung – Was bedeutet sie? Wie können wir sie erreichen? | 7. Februar | DE](#)
- [Sauber veröffentlicht! Vorgaben und Fallstricke beim Publizieren, Urheberrecht und Open Access | 27. Februar | DE](#)
- [Pitfalls to Avoid?! Experienced Reviewers Share Their Secrets of Successful Grant Applications | March 19 | EN](#)

Learn more at uni-bonn.de/compliance

Postdoc plus is now Careers plus

The "Postdoc plus" qualification and further education program, which has been popular for years, is changing its name to "Careers plus".

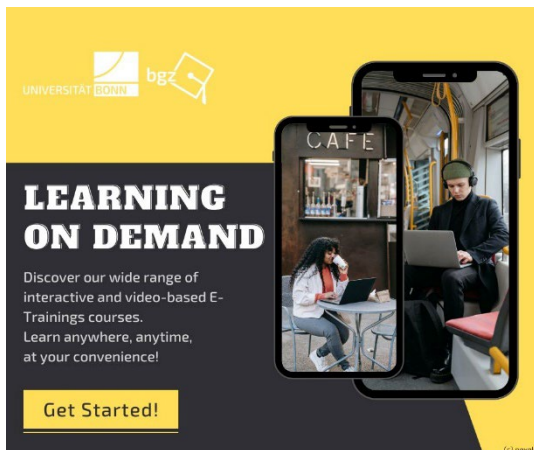
This new name is intended to cover the various career paths and thus better address the different target groups. Careers plus is aimed equally at postdoctoral researchers, research managers and permanent academic staff and offers participants the opportunity to acquire or expand valuable transferable skills along the three career paths Research, Research Management and Business & Organizations.



© shutterstock

If you are interested in gaining a certificate, please do not hesitate to get in touch with us for further information and the initial interview. With Doctorate plus and Careers plus, the University of Bonn offers a comprehensive further education program not only supporting participants in achieving their respective current qualification goals but also preparing them for a variety of career paths within and outside of the university. **You can find everything about the current program and the certificates here:** uni-bonn.de/en/careers-plus

If you have any questions about the program, please contact the Human Resources Development team at careers-plus@uni-bonn.de



Learning on Demand

Register for our E-Trainings now and learn at your convenience

Are you looking for a flexible and interactive way of learning? Discover our wide range of interactive and video-based E-Trainings. Courses on topics such as leadership, communication, new work, mental health, time and project management are available to all doctoral students at the University of Bonn on the TwentyOne Skills and PINKTUM platforms.

TwentyOne Skills provides you with flexible trainings in key competency areas such as science communication, agile skills, career design, time management and mental health for the academic field.

The PINKTUM platform includes online courses on topics such as agile skills, leadership, communication and health, which are designed especially for the non-academic sector.

In addition to the topics listed above, there are many more you can participate in! So, [register now!](#)

Lernen, wann es Ihnen passt

Melden Sie sich jetzt für unsere E-Trainings an

Entdecken Sie unser umfangreiches E-Training-Angebot: Über die Plattformen von TwentyOne Skills und PINKTUM stehen allen Promovierenden an der Universität Bonn interaktive, videobasierte E-Trainings zu Themenbereichen wie Führung, Kommunikation, New Work, Mental Health oder auch Zeit- und Projektmanagement zur Verfügung.

Sie suchen Kurse für den akademischen Bereich? Dann sind Sie bei den E-Trainings von TwentyOne Skills genau richtig. Mit TwentyOne Skills können Sie sich gezielt und flexibel in zentralen Kompetenzbereichen wie Science



Soo-Min Lee is happy to answer your questions on our E-Training offer: 0228 73-7079 bgz@verwaltung.uni-bonn.de

Communication, Social Media for Scientists, Agile Skills, Career Design, Time Management und Mental Health qualifizieren.

Mit den E-Trainings von PINKTUM haben wir Kurse u.a. zu den Themenfeldern Agile Skills, Führung, Kommunikation, Methoden und Gesundheit im Programm. Bitte beachten Sie, dass diese Trainings insbesondere für den außerakademischen Bereich konzipiert sind.

Neben den hier angeführten Themen werden noch viele andere angeboten und es stehen noch freie Plätze zur Verfügung! Hier geht's [zur Registrierung!](#)

5 ½ questions...

... to **Lara Behrmann**,
doctoral student in
Pharmacy.

Could you describe your
research topic to someone
from another discipline?

I am
investigating
the effect of
antibiotics on
the cell wall
biosynthesis
of
intracellular
bacteria,
called
Wolbachia,
which play a
role in various
tropical
diseases.



Why did you
decide to do
your doctorate in Bonn?

(c) UKB

Antibiotics research is
strongly represented here,
and together with other
factors such as the Bonn
International Graduate
School of Drug Sciences and
the beautiful location by the
Rhine, my decision was
quickly made.

Do you have a tip on how to
overcome the lack of
motivation during difficult
phases of the dissertation?

I even have three:

1. Set achievable goals for
each day or week. This can
make the workload seem
less overwhelming.

2. Connect with peers,
colleagues, or support
groups who are going
through similar challenges.
Sharing your experiences,
discussing ideas, and
receiving feedback can be
motivating and help you feel
less isolated.

3. Don't feel guilty about
taking a break. It's okay to
take breaks. 😊

What advice would you give
new doctoral students at the
University of Bonn?

Write down everything you
think you'll never forget.

Ling Gu, the doctoral
student introduced in our
last issue, wanted to know:
*How do you come up with
new ideas for
PhD
research(es)?*

For me,
especially
conferences,
seminars and
workshops
have helped
develop new
ideas.

Which three
questions
would you like
to ask the next

doctoral student portrayed
in our series?

Read our next issue and find
out!

**You are welcome to suggest
a colleague or yourself for
the next portrait. Just send
an email to:**

bgz@uni-bonn.de

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